

"Building Our Community One Family At A Time"

Communiqué

A publication of Louisville Metro Cabinet for Health & Family Services



October, 2005

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I. Bringing Us Together

Create a fiscally responsible government that's more efficient, effective and easier for citizens to connect with.

Metro & Cabinet News

Mayor Jerry Abramson's **Community Conversations** continue on the **3rd Monday** of each month.

These on-site and on-line events provide opportunities to share whatever might be on your mind! So, mark your calendars now for the next sessions in 2005:

November 21: Butler High School Small Gym, 2222 Crums Lane

December: No Community Conversations in December.

For more information and the complete list of dates: <http://www.louisvilleky.gov/mayor/CommunityConversations.asp>.

Executive Order for Louisville Metro on Family Violence in the Workplace: **Freedom from Violence.**

On October 5, 2005, Louisville Metro Mayor Jerry Abramson signed an Executive Order relating to workplace and family violence. Text of the full Executive Order will be available on the Metro web site, www.louisvilleky.gov in the near future. Essentially, the Order directs that Louisville Metro Government:

- Will not tolerate family violence;
- Will work diligently to provide a workplace environment that is violence free and provide avenues for support and assistance to victims of



Mayor Jerry Abramson signing the Executive Order on Family Violence in the Workplace. Behind him from L to R: Cabinet for Health and Family Services Secretary Mary Gwen Wheeler, Office for Women Director Gabriela Alcalde, and Human Services Director Joanne Weis.

family violence without fear of reproach or discrimination;

- Will ensure that Personnel Policies and Procedures are responsive to victims of family violence; and,
- Will develop and implement a comprehensive Family Violence in the Workplace Policy and Procedures to provide programmatic and policy support consistent with the goals of the Executive Order. The Office for Women will take the lead in developing this policy in collaboration with other Metro Government departments and community organizations.

**October is
Domestic Violence
Awareness Month**

See Page 6

A Coordinated Community-Wide Response to Hurricane Victims

As everyone knows by now, Hurricane Katrina struck the Gulf Coast on August 29th as a Category 4 storm. Mandatory evacuations began prior to the storm and following the breeching of the levee systems. By early September, forced evacuations were occurring. By September 8th, Louisville Gardens had become the central location for the one-stop of services made available to the nearly 3000 individuals who found their way to our community. The Family Assistance Center was a monumental display of well established partnerships pulling together and new partnerships being formed - in a coordinated effort to provide a broad range of needed services and assistance by various local, state and federal agencies. A list of some of the many participating agencies is presented below:

AARP	Jewish Family & Vocational Service
American Red Cross	KY Cabinet for Health & Family Services
Archdiocesan Catholic Schools	KY Office for Employment & Training
Big Brothers Big Sisters	New Directions Housing Corporation
Bluegrass Net	Norton Healthcare
Center for Women and Families	Probation and Parole
Coalition for the Homeless	Salvation Army
Community Coordinated Child Care	Social Security Administration
Dare to Care KY	TARC
Department of Motor Vehicles	U.S. Postal Service
Family & Children First	U.S. HUD
Family Health Centers	Veterans Affairs
FEMA	Wayside Christian Mission
GetCare Health Network	YMCA
Jefferson Circuit Court Clerk	
Jefferson County Public Schools	
Jewish Community Federation	
Area Banks (National City, Chase, Republic and PNC)	
InterFaith Resources (includes many area churches, ministries and clergy)	
Jefferson County Medical Society and University of Louisville Physician Volunteers	
Legal Aid Society and Louisville Bar Association	
Louisville Metro Government (Community Action Partnership; Facilities Management; Health Department; Housing Authority; Housing & Community Development; Human Services; Metro Parks and Free Public Library)	
Seven Counties' Services (includes many other area Mental Health Agencies and Private Volunteers)	
And the many other agencies, businesses and volunteers who donated their time, resources, skills and experience throughout this endeavor.	

Continuation of Essential Services

The Family Assistance Center scaled down effective October 3, 2005. The Red Cross Headquarters, 510 East Chestnut Street, is now the point of entry and access for hurricane evacuees. Families and individuals are able to access all services by using the following information. If you call an agency to request service, identify yourself as someone affected by Katrina or Rita.

Red Cross: To register with the Red Cross and to have expedited referral to additional services, visit at 510 East Chestnut Street or call 561-3642.

FEMA: The Red Cross will have computers set up with volunteer assistance in accessing FEMA. You may also register by calling 1-800-621-FEMA (3362). TTY: 1-800-462-7585 or by going on line to <http://www.fema.gov/>.

Housing: The Louisville Metro Department of Housing will have a presence at Red Cross. At that location, families may be screened and referred to other resources at 400 East Gray Street (space at Health Department) or other location as appropriate.

Cabinet for Health and Family Services: Food stamps, Medicaid, TANF, etc.; go to 908 West Broadway, L & N Building, 6th Floor or call 595-4872 for an appointment.

Employment Services: Unemployment: Electronic filing is recommended. Each state has a different number. These numbers and instructions are available at the Red Cross Family Assistance Center or call 505-3098, the Louisville Office for the Kentucky Office for Employment and Training, 6th and Cedar.

Employment: Listings of available jobs can be found at any employment office or a variety of One-Stop employment service offices – Career Resources Inc. – and also at these websites: www.greaterlouisvilleworks.com and www.oet.ky.gov.

Social Security: Most services can be delivered at local offices. Based on volume, the Social Security Administration staff may establish a scheduled presence at the Red Cross Headquarters.

Veterans Affairs: If you are a veteran, you may qualify for assistance, support and advocacy. Visit at 545 South Third Street, 40202 or call 595-4447 or 1-800-928-4012.

Dare to Care: To receive food, call 966-3821 to find the closest distribution point.

Schools: Jefferson County Public Schools: Register at school near residence. Call 485-6250 for questions or clarifications. Archdiocesan Catholic Schools: Call 448-8581.

YMCA: The YMCA is offering the following free services through October: Child Care for school aged children before and after school based on school attended, pre-school aged children at the downtown or Southeast YMCA, or Family Membership at the YMCA. Call 587-7450.

4-C's: Childcare – For information about locating child care programs or eligibility for assistance in paying for child care, call 636-1358.

Health Department: Visit the Louisville Metro Department of health at 400 East Gray Street for the following services: Immunizations; STD Testing and Rx; Inoculations; Family Planning; WIC; School Forms; and TB Testing and Rx.

GetCare: If you need non-emergency medical care, for appointments and referrals to physicians, visit GetCare at 552 East Market Street or call at 583-4690.

Seven Counties: If you or someone you know is having emotional stress caused by the evacuations, for crisis counseling or other assistance call 502-568-4823 through November 8. Information and referral is also available for staff and volunteers affected by this work.

Support services: Interfaith Resources: In partnership with Louisville Metro Housing Department, the Coalition for the Homeless, Kentucky Refugee Ministries, and Norton's Department of Health and Ministry, sponsorship to procure furniture, etc., and possible on-going support will be arranged with housing plan.

Kentucky Refugee Ministries has instituted a hurricane evacuee stabilization program. Connecting families to resources. 502-608-2472. Salvation Army: Furniture, personal care items, etc. Call 625-1170.

Banking Services: The four banks (see participant list) that have branches near the Red Cross Headquarters may be the best place to open accounts. The staff at these locations has received information and training on the specifics of evacuee assistance. Continued banking may then be done at other locations.

Louisville Metro Human Services Holiday Line

The "Holiday Line" is an annual project to provide clothing, toys, etc. for needy families who are served by Louisville Metro Human Services (LMHS). Since LMHS staff work with the families they refer, they know of their struggles in making it from day to day, and that these families have little if any money for extras – including holiday gifts for their children.

We encourage those of you who have helped in the past to participate in the Holiday Line again this year. And, we will be delighted to hear from anyone just now learning about this project. There are a number of ways in which you can be involved.

- ◆ A group can "adopt" an entire family – or two or more! In prior years, some employee groups – and some employees along with their own families – have opted to adopt a family instead of giving gifts to each other.
- ◆ If resources won't permit adopting an entire family, a contributor can adopt one person in a family. Or, a donor can provide a gift or two which we will pass on to "unadopted" family members.
- ◆ Gift certificates for food, clothing, and practical everyday needs such as detergent, toilet paper, toothpaste are also very welcome. And, monetary (tax-deductible) contributions, used to purchase gift certificates for families without sponsors, are also appreciated.

Information on "adoptions" will be available mid-November. Get in touch now if you have questions, or later for information on ways to contribute to the Holiday Line. *Contact: Stephanie.Trammell@louisvilleky.gov, 574-6122.*

ments will also go smoke-free. Free standing bars and restaurants that derive less than 75% of their income from the sale of food will have the option to continue to allow smoking.

The Health Department has long advocated smoke-free legislation for our city. As early as 2003 the Board of Health conducted a series of public meetings throughout the community to investigate the feasibility of smoke-free legislation. As a result of these meetings, the Board of Health recommended that comprehensive smoke-free legislation be enacted. In one of his first public appearances after arriving in Louisville in January 2004, Health Director Dr. Adewale Troutman also called for a complete smoking ban in public places throughout Louisville.

Speaking about the new smoke-free ordinance, Dr. Troutman said, "The ordinance is a wonderful first step in protecting the citizens of Louisville from the insidious effects of secondhand smoke. We are grateful to the Metro Council for their hard work on this very important legislation for the health of our community."

Smoke-free laws in other cities, for the most part, have been self-enforcing. The Health Department will enforce the new ordinance by investigation complaints.

National League of Cities Honors Louisville for Asset-Building Efforts. Mayor Jerry Abramson announced the National League of Cities (NLC) has chosen Louisville as one of nine cities across the country recognized for encouraging residents to break the cycle of poverty through participation in asset-building initiatives. The city was recognized for its three-year partnership with the Louisville Asset Building Coalition

Mayor's Neighborhood Summit November 12. The 3rd annual Mayor's Neighborhood Summit will convene over 450 neighborhood leaders at the Clarion Hotel and Conference Center for networking and peer-to-peer learning. Attendees will be able to choose from 24 concurrent workshops. For more information, call (502) 574-2715 or go to www.louisvilleky.gov/neighborhoods.

Smoke-free Law Goes Into Effect November 15th. On November 15, 2005 Louisville's new smoke-free ordinance will go into effect. The Louisville Metro Council passed the law by the overwhelming margin of 21 – 5 on August 11th. Most of the city's 20,000 workplaces will go smoke-free, including malls, factories, and small businesses, unless they have a separately ventilated smoking room.

As many as 2,500 of Louisville's 3,100 eating or drinking establish-

(LABC), in particular the Earned Income Tax Credit campaign. The partnership offered free tax help for residents and workshops about applying for the credit. A family of four with an income of about \$35,000 a year is eligible for a \$4,000 tax credit. Since the program launched in 2001, the city and the LABC have assisted more than 7,000 residents with tax preparation, resulting in almost \$11 million in federal income-tax refunds.

Family Health Centers (FHC) Win Award. FHC is a recipient of the 2005 Mayor's International Award. This award was announced on July 21 in a ceremony honoring local organizations for contributions to Louisville's multicultural community. FHC was selected in recognition of the primary care and preventive services provided to a growing number of patients from other cultures. FHC strives to enhance access to health care for an increasingly diverse patient population. Management and staff are committed in the recruitment and hiring of bilingual staff, the utilization of face-to-face and telephonic interpreter services, and the opportunity to participate in training regarding awareness of cultural diversity.

Coordination and Collaboration

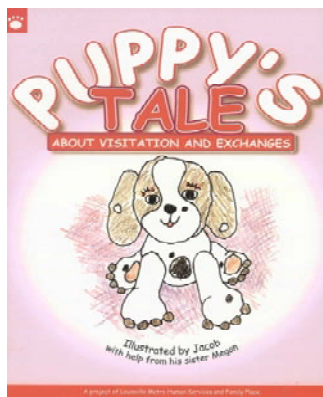
Spalding University and Family Health Centers Collaborate on Research Project. The Foundation for a Healthy Kentucky awarded \$184,466 to Spalding University and Family Health Centers for the implementation of a pilot program at the Portland Clinic Partners for a Healthy Louisville will serve as community liaison for the project and will provide personnel for the development and design

of promotional and intervention materials. The project will evaluate the effectiveness of fully integrated multi-disciplinary treatment teams targeting mental health and chronic illness management in a medically underserved population by providing "real-time" integrated care based on the model of care developed by Kirk Strohahl, Ph.D. Dr. Strohahl, who will serve as a consultant for the research project, is considered to be the foremost national expert on the integration of behavioral and mental health services into primary care settings. A goal is to improve access to behavioral health/mental health care among the medically underserved patient populations served by Family Health Centers. An overreaching aim is to develop a program that can be readily replicated in other health care settings around the state. Helping to expand the current integrated services at FHC are six Spalding doctoral students who have training in clinical health psychology. Two of the students will participate in this research project at the Portland Clinic.

II. Keeping Us Safe

Create a safer community through improved coordination, employee training and greater emphasis on prevention.

Safety



The Louisville Metro Visitation and Exchange Center recently published *Puppy's Tale*, a one of a kind story about safe visitation and exchange services. *Puppy's Tale* is available in storybook or coloring book form. The books are wonderful tools to educate children and adults about visitation and exchange services while promoting parent/child interaction. The story is narrated by a fun loving stuffed animal named "Puppy" who discusses the issue of visitation and exchange in a simplistic and nonjudgmental way. The illustrations were done by Jacob Markert (8) and his sister Megan Markert (5) in conjunction with Studio 2000. The project was funded by the Office on Violence Against Women, U.S. Department of Justice and was a collaborative effort between the Louisville Metro Office for Women, Family Place, and Studio 2000.

According to the American College of Emergency Physicians, domestic violence is the single largest cause of injury to women between the ages of 15 and 44 in the U.S. In response to the growing need to keep domestic violence victims and their children safe while maintaining parental visitation, the Louisville Metro Visitation and Exchange Center was formed. The program provides a safe place for families who have a history of, or potential for, child abuse, domestic violence, sexual assault and/or stalking to conduct exchanges and supervised visitation with noncustodial parents. Parties must be court ordered into the program. The program is designed so no contact is made between parents during visits or exchanges. Security guards are present and parents are given staggered arrival and departure times. Program staff maintains regular contact with the Court, but do not make recommen-

October is Domestic Violence Awareness Month!

Violence in relationships affects persons of every socio-economic, racial, religious, cultural, sexual orientation, and age group. Regardless of where it happens, violence is preventable and always an inappropriate means to resolve problems or release stress.

Surveys from around the world have found that up to 69% of women report intimate partner violence during their lives.

Domestic Violence, or family violence, is a societal problem: it is not a woman's issue or a man's issue; it is everyone's issue. It affects the whole family and has tremendous, lasting, damaging effects on adults and children.

The impact of violence is additive and long-lasting. Family violence happens between family members. There are different forms of violence and abuse: physical abuse; emotional and psychological abuse; sexual abuse; using children to gain control; using male privilege to undermine another's independence; isolation and economic abuse. There are laws against family violence/domestic violence in the United States as well as in Kentucky to protect you and your family from violence and abuse.

October is Domestic Violence Awareness Month. If you or someone you know is a victim of family violence, seek help. If you feel you may be in danger, develop a **SAFETY PLAN**: the where, when, how, who and what of leaving a dangerous situation.

Important numbers: Emergency: 911; Louisville Metro Police: 574-2111; Crimes Against Children: 574-2465; Crimes Against Seniors: 574-2278; Domestic Violence, Sex Crimes and Elder Abuse: 574-2430; Center for Women and Families: 581-7200; Domestic Violence Intake Center: 595-0855; County Attorney's Office: 574-6336; Commonwealth's Attorney's Office: 574-6336.

Family Violence Community Resource Directory and Family Violence Assistance Guide: The Office for Women has updated and expanded these two very popular resources which provide advocates, service providers and victims themselves with key information on what is available in the Louisville community to help them and their family stay safe and healthy. Both of these resources are available online on the Office for Women's website at www.louisvilleky.gov/ofw

Links to Office for Women Brochures: The Office for Women has a number of brochures available online and in print on various issues relating to family violence. These materials will soon be available in Arabic, Bosnian, Somali, Spanish, and Vietnamese. The website also has a list of links and resources. <http://www.louisvilleky.gov/ofw>

DVAM Calendar: Access information and participate in events around town during October to mark DVAM. You can access the calendar through the Center for Women and Families website, <http://www.thecenteronline.org>.

dations regarding visitation. In the past six months the program has completed 2,217 visits and exchanges to over 136 local families.

For more information about the products and services of the Louisville Metro Visitation and Exchange Center please contact Erica Bindner-Wooten at 574-5078 or via email erica.bindner-wooten@louisvilleky.gov.

2005-2006 JUNIOR LEAGUE OF LOUISVILLE GRANT—Grant Funding for 2006 Available. The Junior League of Louisville is now accepting grant proposals to be awarded on January 28, 2006. The Junior League will award at least two \$25,000 grants to activities targeting families at risk and women's health initiatives. The application deadline is 2:00 p.m. on Thursday, December 1, 2005. You may receive an application and guidelines form by calling (502) 584-7271. Any nonprofit organization, which meets all of the following criteria, is eligible to apply:

- The organization must provide the majority of its charitable services to the residents of Jefferson County, Kentucky.
- The organization must have a functional board of directors.
- The organization must have proof of 501(c)(3) nonprofit status. Public and private schools are eligible to apply.

Particular consideration will be given to the following in evaluating the merits of your request:

- Programs or projects that will attract additional funds or resources and demonstrate community support.
- Programs or projects with the potential to make a strong impact on the community and meet a critical community

need.

- Programs or projects involving collaboration by two or more organizations.
- Programs or projects that utilize or expand upon demonstrated and documented best practices.
- Programs or projects that provide the opportunity for effective volunteer involvement.
- The capacity of an organization and its staff or volunteers to achieve expected results.
- Outcomes that are measurable.
- Projects that will allow volunteer involvement by the Junior League of Louisville membership.

If you have any questions or need additional information, please contact the Junior League Office at 584-7271 or jll@win.net.

Louisville Metro Police Department Crime Prevention Strategies. LMPD needs your help in preventing crimes before they occur. In the past, police officers responded to crimes after they had been committed. Louisvillians need to take an active role in learning how to stop crime before it happens. You can help in solving and preventing crime by using the Metro Police's tip line, 574-LMPD.

In October of 2004 the Louisville Metro Police Department started a new program to assist in the gathering of criminal information called the 574-LMPD tip line. The tip line is staffed 24 hours a day, 7 days a week by police employees specially trained in the gathering of investigative information. Anyone can call with information about criminal activity or police-related quality of life questions. Callers to the tip line may remain anonymous. The line has gathered information

which has led to the solving of two homicides, received information on 5 additional homicides, and also numerous robbery and drug related tips. The line has received 4,782 calls, which have led to 312 arrests since its inception. Please call 574-LMPD if you have any information concerning criminal activity in your neighborhood.

Health

Emergency Walk-In Day at Dental Clinics. Family Health Centers (FHC) are now offering an Emergency Walk-In

Day on most Fridays at the Portland Dental Clinic. FHC patients (adults and children) may arrive at the clinic between 7:30 a.m. and 8:00 a.m. to sign up to be seen by a dentist that day. Approximately twenty patients can be seen during each Friday walk-in clinic. Please call 772-8160 in advance to ensure Emergency Walk-In Day is available.

Free fluoride varnish treatments are being offered to children from birth through five years of age at Family Health Centers' **Phoenix** and **Portland** clinics. The treatment is painless and takes two minutes to complete. Fluoride helps prevent Early Childhood Caries or what was once called Baby Bottle Tooth Decay or Nursing Caries. Parents who bring their children in for this preventive treatment receive educational information on dental care.

Flu shots are available to patients of Family Health Centers. Patients in high risk groups may receive a vaccine at any FHC clinic through October 23. All others are eligible for the vaccine on 10/24 and after. The cost for the vaccine is \$20.00.

Health Department Offers Flu Shots by Appointment to Those at High Risk.

The Louisville Metro Health Department will offer flu shots by appointment to those at high risk for complications from the flu. This includes:

- People age 65 and older
- Children age 6 – 23 months
- Household members and caretakers of infants younger than 6 months of age
- Pregnant women
- People with chronic medical conditions such as diabetes, heart disease, and asthma
- People with weakened immune systems
- Children 2-18 years of age on long-term aspirin therapy
- Residents of long-term care facilities
- Health-care personnel who provide direct patient care

The Health Department is offering shots to high-risk people **by appointment** at the following sites:

Health Department, Downtown
400 E. Gray Street
574-1945

Dixie Health Center
7219 Dixie Hwy.
937-7277

Highview Health Center
7201 Outer Loop
231-1459

Middletown Health Center
200 Juneau Drive
245-1074

Neighborhood Pl. East
810 Barret Ave
574-6638

Newburg Health Center
4810 Exeter Ave.

458-0778

Phone the site to make an appointment. For information on the site nearest you, phone 574-5380. Flu shots are \$20 each and pneumococcal shots are \$30. Medicare Part B will cover the cost of both shots for those under the plan. No one will be turned away because of inability to pay.

Following recommendations of the Centers for Disease Control and Prevention, the Health Department is offering flu shots to high-risk people first. A flu-vaccine nasal spray is available now at the Health Department sites for healthy people between the ages of 5 and 49. The Health Department will also offer shots to the general public beginning October 24th and will hold a flu shot clinic for the general public at Louisville Slugger field on Sunday, November 6th.

III. Promoting Education and Growing Jobs

Promote education to create better opportunities for all citizens and develop a higher skilled, knowledge-based workforce. Attract and nurture businesses and provide better paying jobs.

Education

Financial Literacy Program to Continue in Louisville. Louisville, KY - Money management skills and good financial principles take root when taught early. With that in mind, a local financial literacy initiative seeks to create knowledgeable consumers.

Targeting families with pre-kindergarten children 4-5 years old, Louisville Metro Government has awarded the National Center for Family Literacy (NCFL) a \$9,600 grant to fund Basic Inter-generational Financial Literacy (BIFL). The program provides training to adult and family literacy practitioners to teach parents about basic financial principles. Parents can then share this information with their children to support their steps toward self-sufficiency.

Women 4 Women has added a \$10,000 grant to NCFL's efforts to ensure the product development and community collaboration reaches its full potential. This program is part of the Women 4 Women Financial Literacy Bold Goal initiative.

"This program runs parallel to NCFL's longstanding commitment to improving the educational and economic well-being of families throughout the nation," said NCFL president and founder Sharon Darling. "What we learn from it here will benefit the thousands of fami-

BE A CONTRIBUTOR

Share information about your Agency, program or services with other service providers.

Send your articles to:
Communique_submissions@louisvilleky.gov.

***Reminder that CQ is a quarterly publication.

lies we serve nationally."

Collaborative partners include the Kentucky Council on Economic Education (KCEE), Jefferson County Public Schools Adult and Family Education, and the Center for Women and Families.

Founded in Louisville in 1989, the National Center for Family Literacy (NCFL) offers a wide range of services to community organizations in support of literacy development across the lifespan. NCFL works to ensure that all families at the lowest ends of both the literacy and economic continua will have opportunities to improve their education and social well-being through quality, family literacy services. To find out more about NCFL, visit our Web site at www.famlit.org or contact Margo Waddell, Project Manager at 502-584-1133, x-130.

Bantu Information Sharing. Louisville has received a number of new residents from rural African communities. At the last Immigrant Human Services Task Force meeting it was suggested that the Task Force seek help from experts on Bantu cultural adaptation issues.

The Task Force recommended that Dan Van Lehman meet with the Bantu community. On Tuesday, September 27, Dan led one of three meetings. The meeting was divided into three sessions because of the difficulty of engaging a large group for an entire day. Once an agenda is finalized, it will be issued to the Task Force.

You may review an article written by Dan, "Somali Bantu - Their History and Culture". It can be found at www.culturalorientation.net/bantu/sbtoc.html.

Employment

Youth One-Stop Career Center Opens: KentuckianaWorks is pleased to announce the opening of a One-Stop Career Center focused on youth between the ages 16-21. The Y.O.U. (Youth Opportunities Unlimited) Center is open to any youth in the community who wishes to access workforce and/or education-related services. The Center, funded by KentuckianaWorks and managed by JCPS Adult and Continuing Education, offers an array of free services to enhance young job seekers' academic and job readiness skills.

The Y.O.U. Center's free services include:

- ☐ Job placement assistance in full-time, part-time and summer jobs
- ☐ Career counseling and assessments
- ☐ Job readiness workshops
- ☐ On-site GED and skills upgrade classes
- ☐ Assistance in entering post-secondary education and training
- ☐ Various education and workforce-related workshops

- ☐ Referrals for counseling and special services

The Y.O.U. Center is located at the Jefferson Education Center, 200 West Broadway, 6th Floor. Hours are from 8 a.m. to 5 p.m. Monday through Thursday. For more information, call Lorena Lasky at 502.213.2637.

IV. Enhancing Neighborhoods & Protecting Our Quality of Life

Create strong neighborhoods and protect and improve our Louisville quality of life.

Housing

Subsidy Component of Low-Income Home Energy Assistance Program Begins November 1, 2005. With the high cost of natural gas and winter approaching, the Louisville Metro Community Action Partnership (CAP) will begin the Low-Income Home Energy Assistance Program (LIHEAP), November 1 through December 9, 2005 in an effort to

Low-Income Home Energy Assistance Program Application Schedule for 2005

IF YOUR LAST NAME BEGINS WITH:

A apply on	11/1	B	11/3 or 11/7
C	11/8 or 11/9	D, E	11/10
F, G	11/14	H	11/15 or 11/16
I, J	11/17	K, L	11/21
M	11/22 or 11/23	N, O, P	11/28
Q, R	11/29	S	11/30 or 12/5
T	12/06	U, V, W	12/7
X, Y, Z	12/8	Open	12/9

assist low-income residents with high utility bills. LIHEAP is a statewide initiative sponsored by the Kentucky Association of Community Action Inc. in partnership with the Cabinet for Health and Family Services (CHFS).

Last year over 10,000 residents of Louisville Metro received financial assistance and emergency services from the LIHEAP Subsidy component. Applications will be taken in alphabetical order with specific days assigned on the calendar as listed on previous page. Applicants must present the following:

1. Most recent heating bill or verification that heating expenses are included in rent (i.e. lease agreements);
2. Social Security card or official documentation (medical card) with social security numbers for each member of the household;
3. Proof of all household income for the prior month;
4. Proof of housing type (lease, Section 8 certification, Housing Authority statement, deed or rent receipt); and
5. Picture ID.

Applications will be taken at all four CAP locations. Applicants are encouraged to apply at the location nearest to them. Days, hours of operation, locations and telephone numbers are listed below:

Monday, Wednesday, and Thursday, 8:30am-3:30pm; Tuesday, 8:30am-6:00pm; and Friday, CLOSED

Administrative Office, 1200 South Third St., 574-1157

East District Office, 4810 Exeter Avenue, 574-1270

South District Office, 7219 Dixie Highway, 574-1272

West District Office, 3308 Chauncey Avenue, 574-1274

Rubbertown Community Advisory Council. The Rubbertown Community Advisory Council (RCAC) is a community-based organization that meets monthly with the plant managers and other representatives of the Rubbertown area industries. Any member of this community is welcomed to join RCAC at its monthly meetings, which occur on the second Thursday evening of every month from 5:30 – 8:00 pm and include a meal.

The RCAC has about 25 community members and 12 participating companies that include: American Synthetic Rubber Co., Arkema Inc., Hexion (formerly Borden Chemical), Carbide Industries, DuPont, DuPont Performance Elastomers, Metropolitan Sewer District, Noveon, OxyVinyls, PolyOne, Rohm and Haas, and Zeon Chemicals.

The vision of the RCAC is to develop mutual trust between participating chemical companies and the surrounding community, and to improve the overall well being of the area. If you are interested in hearing a balanced perspective and talking to company representatives face to face, please join us at our next meeting by contacting Dan Hicks, facilitator, at 727-7409 or by e-mail at RCAC@bellsouth.net.

Transportation

New TARC Paratransit Contract. Saturday, October 1, TARC began a new contract for Paratransit service in the Louisville area. MV Transit systems was awarded the 5-year, 43 million-dollar, contract after a bidding process that attracted some of the nation's most reputable transportation services. Established in 1975, based in Fairfield, California, MV Transportation is the largest woman and minority-owned passenger transportation management

firm in the United States and the largest privately held transportation company in the nation. The company provides transportation services in 23 states and employs more than 8,000 dedicated professionals.

A main necessity for independence is transportation. Career, shopping, doctor visits, social activities, escaping a natural disaster, all are dependent on transportation. Any individual in Louisville with disabilities may call and set an appointment with TARC 3, the Paratransit provider. Their accessible buses will provide door-to-door service for individuals who cannot use a TARC stop "fixed route" because of the barriers of a disability. The rider's fee is \$2.

This new contract highlights technology; the buses are equipped with "Drive Cams" which capture images of the route and keep those recordings for review at the end of the business day. Also GPS technology and Mobile Data Terminals assist drivers and dispatchers to construct the routes and improve "On-time" service.

The new head of TARC 3 is Pamela Wright Dohoney, MPA, MA-HRM pwdohoney@ridetarc.org, 502-213-3245

MV Transport named Ron Williams as General Manager, Louisville operations. He can be reached at his office, 554-2129, which is newly opened on Logan Street.

Neighborhood Place

Neighborhood Place of the Greater Cane Run Area, 3410 Lees Lane, will be hosting an Influenza Immunization Clinic for the general public on Wednesday, November 2 from 12 Noon to 4:30 PM. Immunizations will be offered at \$20.00 per person and pneumococcal shots will also be

provided at \$30.00 each. Those with Medicare Plan B or Passport are covered for the expense. Individuals must call 485-6812 to pre-arrange an appointment time.

Twelve staff from Cane Run are participating in the Middle School Connection whereby adults agree to meet with 7th graders and stress the importance of education, how academics helped in their own profession, the importance of staying in school and performing well and goal setting.

BRIDGES (Building Resilient, Intelligent, Drug-Free Graduates via Empowerment & Service). Although the exact numbers are unknown, according to a study done in 2002 by National Collaboration for Youth, approximately 5 to 7 million youth are unsupervised after-school on a daily basis. These unsupervised hours are the time when youth are most likely to engage in risk taking and/or aggressive behaviors. High quality programming during these unsupervised hours can transform those hours from a time of risk into a time of opportunity for youth to develop competencies that will help them become successful, healthy and contributing members of their communities.

In order to address this issue, five Neighborhood Places (Northwest, Ujima, Bridges of Hope, South Central, and South Jefferson) have been chosen to participate in a program called *BRIDGES* (Building Resilient, Intelligent, Drug-Free Graduates via Empowerment & Service). This resiliency-building program targets 8th grade students who had 10 or more absences during the previous school year and/or who have demonstrated that they are at high risk for delinquent be-

havior.

Each *BRIDGES* group meets for educational sessions for approximately 20 weeks for 2 hours through December, on a variety of social skill/life skill development topics. These sessions include presentations from professionals designed to educate and improve the youths' social competencies, problem solving skills, autonomy and sense of purpose, provide quality time with caring adults, and allow time for each youth to provide input into the program content. Each session will have a time for snacks and incentives based on attendance and participation. Topics include: an evening Orientation (that requires parent attendance); Decision Making and Planning; Healthy Relationships; Conflict Resolution; Substance Use (alcohol, drugs and tobacco); Money Management; Time Management; Diversity; What is Civic Engagement and how do I get involved; What is Community Service Learning and How do I plan an event; Community and Neighborhood resources; a fun field trip of interest to the group; Opportunities at the high school level and how is discipline different at middle and high schools (zero tolerance); and high school tours.

Participating youth plan and implement service-learning projects. In addition, each participant receives an application for Neighborhood Youth Boards and a resource guide to other youth organizations that offer after-school programming, as well as a chance to enroll in specialty interest programs like Studio 2000 and Youth Services Career Institute.

To support the youth participating in the program parents/caring adults are required to attend "Parents Who Care" a six-hour interactive program that helps parents/caring adults make positive

differences in the lives of their teens, as well as other workshops that will be offered for the parents/caring adults. The "Parents Who Care" program will be presented in three two-hour sessions. The goals for the parents/caring adults are: 1. Help identify and reduce risk factors such as school risk factors, family risk factors and individual risk factors; 2. Identify and increase protective factors by helping families to improve communication, anger management, and improve parenting skills; and 3. Skill building to help parents build capacity to establish clear family policy on health and safety issues, behavioral contracting and other parenting techniques.

At the end of the educational, skill-building sessions there will be a Graduation Celebration with certificates, food, and door prizes for youth and their parents.

First Neighborhood Place has received \$2,000 from the Honorable Doctor Barbara Shanklin, President of the Metro Council, to help us extend our Emergency Assistance funding.

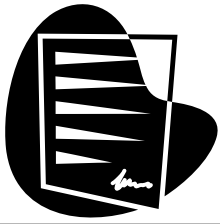
The November staff meeting will be a tea party with food and door prizes for women only and devoted to cancer education sponsored by the Harriet B. Porter Cancer Education and Research Endowment.

October kicked off our series of budget and nutrition sessions for our customers held in the lobbies of FNP at TJ, Liberty and Newburg. They have been received favorably by our customers. Because they're done in the lobbies, the customers gain valuable information and techniques while waiting for their appointments.

First will hold a Family Night Basket raffle for Thanksgiving and the proceeds will go to the TJ's Little



Bulletin Board



Disclaimer: Information in the Bulletin Board is presented as it was received by Communiqué. Neither Communiqué, the Louisville Metro Cabinet for Health and Family Services, nor its staff can be responsible for the accuracy of this information. It is strongly advised that persons interested in attending a particular event contact the sponsor(s) through the information provided in order to verify time, date, location, etc. Please also note any registration requirements and deadlines, which are included in the listings as we receive them.

SPECIAL EVENTS AND BENEFITS

Elder Abuse Vigil November 3. Join advocates at 5:00 p.m. on the steps of the Old Courthouse, 500 West Jefferson Street, as they speak out against the abuse (domestic and otherwise) of the elderly. Contact Jennifer Leibson at Jennifer.Leibson@louisvilleky.gov for more information.

House of Ruth 9th Annual Dining Out for Life November 30. On Wednesday, November 30th, House of Ruth will have their 9th Annual Dining Out For Life event. Dine at one of the participating local restaurants and a generous portion of your bill will benefit HIV/AIDS services for Glade House managed by House of Ruth. Call House of Ruth at (502) 587-5080 or visit www.diningoutforlife.com for a complete list of the participating restaurants.

Entrepreneur's Ultimate Directory Launch November 1. The Federal Reserve Bank of St. Louis, Louisville Branch and the Enterprise Corp have partnered to compile "The Entrepreneur's Ultimate Directory". The directory contains a range of information on locating financing, venture capital, training and other resources for new and expanding business owners. To celebrate the launch of the directory, Barry Moltz, author, will speak at the Hyatt Regency on November 1 from 7:30 to 9:30 am. For additional information contact Lisa Locke (502) 568-9292.

15th Annual Project Warm Blitz in November. The 15th Annual Project Warm Blitz will be the first three Saturdays in November. Teams of volunteers will install simple winterization measures to make homes more comfortable and lower utility bills an average of 20%. You can help by organizing a team of volunteers at your workplace, school, place of worship, etc. We are also taking referrals for people who need this free service.

For more information, contact Project Warm at (502) 636-WARM or visit www.projectwarm.org.

Wesley House International Dinner November 4. Wesley House is proud to present its Annual International Dinner from 6:00 to 9:00 pm. on November 4 in Butchertown at the Wesley House gym. Don't miss the opportunity to participate in a colorful evening and learn about diversity. We will have food from around the world and a great set of performances that includes dances from Latin America, Africa, Middle East and more. For tickets or more information, call Adriana Fajardo at (502) 583-8317.

Kentucky Refugee Ministries 6th Annual Culinary Connections November 5. Culinary Connections is a unique and exciting event featuring an international buffet with food donated from over 40 area restaurants, a Silent Auction, and live entertainment on Saturday, November 5 from 6:30 to 10 p.m. at Louisville Collegiate School, 2427 Glenmary



Get CQ Updates by Email

Receive Bulletin Board updates in your email every month! Every month, at or around the 15th, the Communiqué update is emailed out, featuring updated information about events, meetings, and trainings, many of them received after the current issue has been published. If you would like to receive this once a month mailing, send your email address to eddie.mitchell@louisvilleky.gov. Items for inclusion in the update mailing and the Bulletin Board section of Communiqué can also be sent to that address.

Avenue. Proceeds from Culinary Connections go to Kentucky Refugee Ministries, helping maintain quality programs and services for refugees from all around the world. For ticket information please call (502) 479-9180.

Lessons from Merger Workshop November 8-9. The Lessons from Merger Workshop will

**CONFERENCES,
STAFF TRAININGS
AND SEMINARS**

cover Louisville's 40-year quest for merger, and how the successful vote was finally achieved...building a new government from scratch and making it work...best practices implemented that have saved money, made services more efficient, and forged new partnerships. The Workshop also will present a diagnostic checklist that leaders can use to explore whether government restructuring would benefit their communities. The workshop will be held at the Brown Hotel. For more information, email louisvilleworkshop@louisvilleky.gov or call (502) 574-8141.

National Forum on Regional Stewardship November 9-11. The Alliance for Regional Stewardship, a national organization that fosters regional cooperation and action among community leaders, joins with Louisville Metro Government for a special Fall Forum at the Brown Hotel, with registration starting at noon on November 9, focused on the many ways that local governments across the country are benefiting from collaboration. Civic, business, government, foundation and non-profit leaders from across the U.S. are invited twice annually to Regional Stewardship Forums to network and explore ideas. In Louisville, they will examine best practices

and models of local government involvement in collaborative partnerships that promote economic, social, and environmental improvement across city, county, and state lines. For more information, contact: Alliance for Regional Stewardship: amy@regionalstewardship.org, (303) 477-9443.

Kent School Workshops in November. Kent School of Social Work Continuing Education Program will be holding workshops on LCSW Supervision (November 3) and The Social Worker and the Judicial Process (November 17). For more information about these workshops, go to <http://www.louisville.edu/kent/conteducation2.html>.

Leadership Training for Child Advocates November 1. On November 1, 2005, there will be a leadership training session for child advocates, from 10-2 at the Capitol Annex in Frankfort. This will include an advocacy training session on Kentucky's legislature and an orientation to Kentucky Children's Day, which will be held on February 6, 2006. For more information, visit www.kyyouth.org.

Children's Literacy Trainings November 14-15. The National Center for Family Literacy will be offering trainings on Children's Literacy at the Galt House on November 14-15. The Infants and Toddlers seminar will focus on strategies that promote early language and literacy learning, while the Preschool seminar will cover intentional and purposeful teaching to prepare children to learn to read. For more information about these workshops, including registration forms and fees, visit www.famlit.org/training.

2005 Pulmonary Care Conference November 16 - 17. Over the past 49 years, the American Lung Association of Kentucky's annual Pulmonary Care Conference has



earned a reputation for excellence as it has become a recognized tradition within the pulmonary community as a value-added continuing education offering. The purpose of this course has long been to provide a comprehensive knowledge base on the management and treatment of several pulmonary and critical care disorders by offering lectures led by experienced, highly regarded clinicians from the region who are currently making significant contributions in their given fields. The 2005 Conference will be held at the Galt House and will focus on women's lung health.

Lung disease is rapidly becoming a women's disease. Consider for example that lung cancer has surpassed breast cancer as the leading cancer killer among women and now kills more women than breast, ovarian and cervical cancer ... all combined. Women have a 30% higher prevalence of asthma than men. Women are more than twice as likely to be diagnosed with chronic bronchitis as are men, and more women than men die from chronic obstruction. This course is a continuing education program sponsored by the American Lung Association of Kentucky. For more information, you may call (502) 363-2652 or (800) LUNG-USA (toll-free from anywhere within Ken-

tucky), or go to www.kylung.org.

Kids Count Symposium December 12 (Registration Deadline November 30).

Kentucky Youth Advocates (KYA) invites you to join us for the 2005 KIDS COUNT Symposium. This event will be held in conjunction with KYA's release of the Kentucky KIDS COUNT County Data Book. Participants will receive the latest county-specific data on children and their families. The Symposium starts at 8:30 a.m. at the Clifton Center, 2117 Payne Street. The registration fee is \$75, which includes lunch and a copy of the 2005 Kentucky KIDS COUNT County Data Book. For a team of five or more people from an organization, registration will be discounted to \$60 per participant. The registration deadline is November 30th. To register, please visit www.kyyouth.org. For more information, please contact Donna Mellick at Kentucky Youth Advocates, (502) 895-8167, or dmellick@kyyouth.org.

Building the Annual Fund November 17-18.

This 2-Day event by the internationally respected Fundraising School covers the essential and specific requirements of an 8-Step Major Gift process, including the prospect-to-donor plan, solicitation strategies, board and volunteer involvement, with role play rehearsal. For more information about this and other workshops offered by the Center for Nonprofit Excellence, visit www.cnpe.org.

Family and Children First Reunion Benefit Breakfast November 18.

The second F&CF Family Reunion Benefit Breakfast is November 18, 2005, 8:00 to 9:00 a.m. at the Olmsted. This mission-

driven fundraiser presents client success stories and deepens guests' understanding of the organization.

MEETINGS

We welcome interested referral sources, volunteers and agency leaders to become table captains. For further information, contact the F&CF Development Office at (502) 893-3900, ext. 261.

ElderServe Initiates *Endless Options* Events in November.

Designed to Increase Community Awareness of Aging Issues & Aging Programs there's no question that the "graying of America" is impacting our society in ways many of us are unprepared for. In response to the ever-increasing needs of today's seniors and their families, ElderServe is now offering one-hour sessions called "Endless Options." According to Eleanor Foreman, ElderServe Board President, "these events are designed to increase the overall awareness of the "age wave" and its effects on us as individuals and as a community, and to demonstrate how ElderServe's myriad of programs address the challenges and opportunities of aging." The free sessions are open to the public, and are held at the agency's Dosker Manor location, 411 E. Muhammad Ali Blvd. Special sessions can be arranged for groups of ten or more at businesses or community

sites. The schedule for the November 2005 is listed below.

November 1, 8:00 a.m.

November 3 – 12 Noon

November 17 – 8:00 a.m.

November 22 – 12 Noon

Contact Nancy Doctor at 736.3833 or 587.8673, or at ndoc-

tor@elderserveinc.org to register for the event of your choice or to arrange for a special session.

Kent School Prospective Student Session November 16.

The University of Louisville's Kent School of Social Work is now considering applications for Fall 2006. Consider strengthening the impact you make in the community by strengthening your own knowledge and skills by working toward a Master's degree in social work. Join us for a Prospective Student Session on November 16. For details visit <http://www.louisville.edu/kent/masters/prospstudentf2005.mht>.

Check out our website www.louisville.edu/kent/futurestudents.html for more information and an application or contact: Maureen Slaton, Coordinator of Admissions, at (502) 852-0414, or maureen.slaton@louisville.edu. Deadline for Early Bird Registration is February 15, 2006.

Coalition for the Homeless Re-Convenes Housing Options Meeting Nov. 3.

The Coalition for the Homeless is renewing its commitment to the Housing Options workshops held in past years, and we ask for your support in making this event a success. As part of the 2006 Continuum of Care process, case managers and service providers from all corners of Louisville Metro Area's Continuum of Care have the opportunity to gather to thoroughly discuss all the housing programs available for homeless individuals and families in the community, and identify gaps and barriers to preventing and ending homelessness in our community. In past years, our community was able to make administrative changes that helped more people be served, as a direct

result of the Housing Options meeting.

A special topic for discussion at the Housing Options forum will be, "What communication mechanisms do we need now and long-term to know about housing availability, program and eligibility changes, and new opportunities?"

The Housing Options workshop will be held Thursday Nov. 3, 2005 9 a.m. -12 p.m. at the Louisville Urban League Community Room. Please R.S.V.P., including email address, to rmhurst@bellsouth.net.

Bridgehaven 3rd Annual Bridge Builder Breakfast November 30. This free fundraising event, held from 7:30 to 8:30 a.m. at Masterson's, is open to everyone to come and learn and see the wonderful accomplishments of the members of Bridgehaven over the past year. Breakfast is served and is free. For a reservation, please call (502) 585-9462.

Metro United Way Community Campaign Celebration November 15. Metro United Way will be hosting a breakfast to thank participating companies and other community partners for helping to mobilize the caring power of our community. For more information, call (502) 583-2821.

Quintilla Weathers is selected as a Champion for Children. Quintilla Weathers was recognized by Prevent Child Abuse Kentucky as one of four recipients of the 2005 Champion for Children awards during a ceremony at the Marriott Griffin Gate Resort in Lexington. The award was presented to Ms.

CONGRATULATIONS

Weathers in front of hundreds of child advocates, concerned citizens and professionals participating in the 9th annual KIDS ARE WORTH IT! Conference.

Ms. Weathers is a self-employed mother and foster parent. She has served on one of two Neighborhood Place Community Councils for nearly ten years. She serves on numerous committees touching issues of child abuse and prevention, foster care, childhood lead poisoning, health for mothers and their newborns, domestic violence, parental support and leadership and the many issues of community involvement. She has been part of the Community Partnership for Protecting Children rollout into two additional regions of Kentucky, traveling to participate as a mentor to those developing programs.

This Champion represents the essence of community involvement in the very manner that the Community Partnership for Protecting Children seeks to involve the community. She comes to these volunteer opportunities as an active representative of her community. She has brought an awareness of issues from the community and back to the community, attracting others from the community to become involved. When she sees a problem, she approaches it. She does not look away from it. She has managed to get her arms around the many facets of the many services and special efforts of the Neighborhood Place Partnership and is able to communicate the connections shared by these varied efforts to improve the lives of families in her community.

Louisville Metro Named One of 100 Best Communities for Young People. In late September, Louisville Metro was named by

America's Promise as a winner of the first-ever national competition to identify 100 Best Communities for Young People. The winning communities – ranging from small towns to urban neighborhoods across America – are being celebrated for their commitment to provide healthy, safe and caring environments for young people. A distinguished panel of judges based their selection on detailed information the cities provided about their community's efforts to fulfill five essential promises critical to the well-being of young people: caring adults who are actively involved in their lives; safe places in which to learn and grow; a healthy start toward adulthood; an effective education that builds marketable skills; and opportunities to help others.

The Alliance will sponsor a year-long celebration including a special day in each of the winning communities and a series of regional forums across the country that will enable communities to share their success stories and learn effective strategies from one another that will further enrich the lives of their young people.

Louisville from A – Z Book Now Available. This book was designed to celebrate Louisville's heritage through the eyes of a child, whatever the age. It is our hope that the use of photographs, the alphabet, and facts about the city will allow young minds to create a visual imprint and memory that

RESOURCES

will facilitate creative thought about the future of Louisville. Thus, inspiring citizens of any age to become involved in public service. Please visit www.louisvilleatoz.com for more detailed information. It would make a great gift for a child of any age who loves "the ville"!!

Cane Run NP Offers Flu Shots November 2.

From 12:00 to 4:30 p.m. on November 2, flu shots will be available by appointment at the Cane Run Neighborhood Place, 3410 Lees Lane. Call (502) 485-6812 for an appointment. Flu shots are \$20 each and Pneumococcal shots are \$30. Medicare Part B, Passport Health and K-CHIP coverage accepted.

Health Department Offers Free Workshops and Support Groups.

The Chronic Disease Preventions Team of the Louisville Metro Health Department is offering the following services in November:

Diabetes Self-Management Series November 5 and 12

Class times are 9:00 a.m. to 3:00 p.m. (both days). Please arrive 15 minutes early for the first class to fill out paperwork. Attendance at both sessions is encouraged, as the topics and information are different for both classes. Topics include: (Nov 5) Diabetes Types, High and Low Blood Sugar, Sick Days, Diet & Exercise, (Nov 12) Diabetes Pills, Insulin, Preventing Complications, Foot & Skin Care, Glucose Monitoring and Standards of Care. Classes will be held at the Health Department, 400 East Gray Street. Free parking is available in the Health Department lot.

Diabetes Support Group November 10

The group meets on the 2nd Thursday of every month at the Park DuValle Community Health Center, 3015 Wilson Avenue, from 9:30 to 11:00 a.m. On November 10, the topic will be Turkey Day Tips.

Please call (502) 574-6663 to register for any of the classes or to be

added to our mailing list. Ask for information about sessions on weight management and other topics.

Family and Children First Has Parenting Classes.

Family & Children First is pleased to announce that we are offering parenting classes at no charge through a grant from Prevent Child Abuse Kentucky. These classes are open to all parents irregardless of income at no charge. These classes are being held at 3 of our Jefferson County Counseling Center sites: West Louisville (31st & Broadway); Southwest Jefferson County (Valley Station Drive); and, Eastern Jefferson County (209 Executive Park located behind Mall St. Matthews). For registration, times, dates or referral please contact the Intake Department at (502) 893-3900, ext. 275.

Living with Epilepsy Seminar November 9. This presentation will help attendees learn about epilepsy basics, the identification of subtle seizures, and the latest treatment options. Presented by Jennifer Teeters, RN, nurse practitioner and patient educator at Kosair Children's Hospital. The seminar will be held November 9th, from 6:30 to 7:30 p.m. at the Jewish Inn. Dinner will be provided. The event is free of cost. Those interested in attending should contact Amy Stein at the Epilepsy Foundation of Kentuckiana at (502) 584-8817 to reserve their spot.

AARP Offers Senior Community Services Employment Program.

The local AARP Foundation Senior Community Services Employment Program, serving Oldham, Bullitt, Shelby, and Jefferson counties, is among the most successful AARP/SCSEP agencies in the country. During the past fiscal

year (July 1, 2004-June 30, 2005), the program placed 84 persons, aged 55 and older, into better paying permanent jobs. Besides helping participants return to the work force, the program put over \$760,000 into the local economies. Currently, there are over 150 participants in the program. For more information, call (502) 584-0309.

Arcadia Community Center Offers A Variety of Programs for Immigrants and Refugees.

Located in South Louisville, the Arcadia Community Center opened its doors in 2000 to the approximate 1600 residents who are foreign born immigrants and refugees who face distinct challenges acclimating to life in the United States. It is a non-profit organization that exists to make available resources and opportunities to residents so that they can utilize their own abilities and knowledge to improve the quality of their lives. Each year, more and more efforts are made to improve and sustain the programs that are available to Arcadia residents and their families. Among their programming:

English Classes: One of the most important programs they offer. Learning and maintaining the English language is a vital step to becoming successful in the United States. One on one and classroom volunteers are always needed.

After School Program: Another valuable program, which commences in September and ends in May. Arcadia provides a safe and constructive environment in which neighborhood children partake in activities such as tutoring, arts and crafts, as well as recreational sports. Volunteers are needed as role models and

facilitators.

The Food Pantry: Assists residents monthly to supplement their basic nutritional needs.

The Clothes Closet: Provides clothing to meet the needs of families during periods of growth, transition, and seasonal change.

Somali Women's Sewing Project: This program is made possible through a grant awarded by the Kentucky Foundation for Women. Several sewing machines have been purchased and we are excited to have artist Gwen Kelly instructing and encouraging the Somalia Bantu women to design and sew their own traditional garments. This project is set to begin at the end of October! Keep your eyes out for an article in the LEO within the next month about the project and the Kentucky Foundation for Women.

November 1 is **National Family Literacy Day!** Be sure to share the importance of literacy and learning during National Family Literacy Day. While many events are held nationwide throughout the month, parents should make it a point to instill in

SPECIAL ANNOUNCEMENTS

children the importance of learning through everyday events such as shared reading, grocery shopping, and singing while doing chores. Visit the National Center for Family Literacy (NCFL) web site at www.familit.org for a calendar of activities parents and children can do together to build learning and ways libraries and community organizations can raise public awareness on the importance of families working together toward a better educated tomorrow.

more information.

November is **Epilepsy Awareness Month.** Congress has designated November as national Epilepsy Awareness Month. One in 100 people have epilepsy and one in ten people will have a seizure in their lifetime. Call the Epilepsy Foundation of Kentuckiana at (502) 584-8817 for

You are cordially invited to attend a special training event sponsored by the American Society on Aging (ASA) and Pfizer Inc. about the new Medicare prescription drug coverage. This is the second local training session in this initiative designed to train professionals and volunteers so that you may better serve as a resource to people with Medicare in your community. We held a successful Community Advisor training in July 2005, focusing on the "extra help" available to people with limited income and resources. We are pleased to be returning to Jefferson County in October. Even if you were unable to attend the July training, you are welcome to join us for this important training. The details of the event are: The Community Advisor Training will be conducted in person by **trainers from the Centers for Medicare and Medicaid Services.** These experts will be on hand to answer your questions and you will be able to talk with other individuals who are committed to helping seniors and persons with disabilities understand the new Medicare drug coverage.

TRAINING WILL COVER:

- ◆ What is the new Medicare drug coverage and how does it all work?
- ◆ How can people with limited income & resources get help with prescription drug costs?
- ◆ How can someone get the information they need to help them choose a plan?
- ◆ How can Medicare's on-line web tools be used to compare plans?
- ◆ What are the specific steps to joining a plan?
- ◆ How do I do outreach to people with Medicare? Where do I go? What do I say?

WHO SHOULD ATTEND:

- ◆ Professionals, community leaders, and volunteers who work with people with Medicare and/or are motivated to help them understand the new Medicare prescription drug coverage.

BENEFITS OF COMMUNITY ADVISOR TRAINING

EVENT: The New Medicare Drug Coverage Training

DATE: October 27, 2005

TIME: 3:00 - 5:00 p.m.

LOCATION: The Kling Center

ADDRESS: 219 West Ormsby Avenue, Louisville, KY 40203

RSVP: 1-800-276-0855 or

Louisville Metro Cabinet for Health and Family Services is comprised of the following departments and agencies. In addition, the individuals listed serve as Cabinet representatives on the Communique Editorial Board:

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KentuckianaWorks <http://www.kentuckianaworks.org>
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Community Action Partnership (CAP) <http://www.louisvilleky.gov/Department/cap>
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Communique is now available via the Internet! Check us out at: www.louisvilleky.gov/Department/HumanServices/

Let us know if you would like to receive an email reminder when each issue of CQ is ready to view by emailing: tina.lentz@louisvilleky.gov. Put “**Add to CQ email list**” in the subject line.

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